



## **MISSION**

TO INSPIRE EXCELLENCE
IN THE ATHLETES OF
TRINIDAD AND TOBAGO
TO ENABLE THEM TO REALIZE
THEIR FULL POTENTIAL

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The People Who Make It Happen



ear ISOC family, as we reflect, review and report on the year 2018 and ponder on initiatives such as 'Future is Female', '10 gold medals by 2024', 'Mext Champion', good governance and our continued focus on being market focused and athlete centered, I urge us all to remember that successful people and organisations embrace fear and discomfort.

Organisations and people who succeed, expand while others get smaller. They take risks while others conserve. They remain focused on the destination instead of the difficulties. The successful keep their eyes on the targets regardless of the challenges. Big thinking, massive actions, expansion and risk taking are necessary for our survival and future growth.

We will never have all the answers. Our timing will never be perfect. There will always be obstacles and difficulties. However, success is our duty, obligation and responsibility.

Inccessful people and organisations are highly goal oriented and always pay more attention to the target than the problem.

Excuses are for people and organisations who refuse to take responsibility. People and organisations with a can do attitude approach every situation with the outlook that no matter what, it can be done. Challenges are the experiences that forge successful people and organisations' abilities.

As we move forward into 2019, let us remain relentless, unafraid, indomitable and unwavering in our shared vision and commitment to use the power of sport, Olympism, Olympic values and Olympic spirit to make a positive difference to the children, youth and young people of Srinidad and Tobago.

Brian Anthony Courtenay Lewis

# ABOUT THE TRINIDAD AND TOBAGO OLYMPIC COMMITTEE

Trinidad and Tobago, then a British Colony, was eager to compete in the Olympic Games and the TTOA came into being as a working committee to take the country into the Central American and Caribbean Games in Barranquilla, Colombia in 1946. Formal affiliation to the International Olympic Committee (IOC) was granted to Trinidad and Tobago at the IOC session in 1948.

The TTOC is an independent organization responsible for providing Trinidad and Tobago athletes with the necessary resources to achieve sporting excellence at the Olympic Games, Youth Olympics Games (YOG), Central American and Caribbean Games (CAC Games), Pan American Games (Pan Am Games), Commonwealth Games and Commonwealth Youth Games (CYG). The TTOC consists of National Sporting Organizations (NSO's) whose sport is recognized by an International Federation (IF).

In addition, the TTOC is committed to Trinidad and Tobago athletes through the development of high performance sport. Our role also extends to promoting structured physical education and sustainability, and spreading the Olympic ideals throughout our communities even in the years between Olympic Games.

The TTOC is funded principally through grants from the Pan American Sport Organization (PASO), the International Olympic Committee (IOC) and corporate sponsorship. The TTOC is a non-profit organization, independent of the Government and Government funding, other than contributions by the Ministry of Sport to the national team's representation at International Games.

#### NATIONAL SPORTING ORGANIZATIONS

National sporting organizations (NSOs) govern and manage all aspects of their individual sports within Trinidad and Tobago. The NSOs are responsible for training, competition and the development of their sports, as well as selecting athletes for Team TTO at International, Regional and National competitions.

There are forty- three (43) NSO's affiliated with the Trinidad and Tobago Olympic Committee which comprises of Olympic, Commonwealth, Pan American Sports and other sport affiliated organizations.



National Ballroom Dance Association of Trinidad and Tobago Trinidad and Tobago Canoeing & Rowing Federation Trinidad and Tobago Contract Bridge Association Trinidad and Tobago Cue Sports Foundation Trinidad and Tobago Draughts/ Checkers Association National Pigeon Racing Commission of Trinidad and Tobago Trinidad and Tobago Sports Medicine Association Trinidad and Tobago Snowsports Federation Trinidad and Tobago Weightlifting Association Wushu Association of Trinidad and Tobago

## #10GOLDS24

Vision 10 or more Olympic Gold medals by the year 2024 (#10Golds24) was established in 2013. #10Golds24 aims to cultivate a system of excellence that clarifies the development pathway and performance management system that holistically foster, mentor, nurture and develop Olympians and Olympic Champions.

Training to be an Olympic champion is a full-time commitment that demands both discipline and dedication to maintain competitiveness and to win medals. Elite and high-performance athletes competing in individual and team sports must dedicate time, money, and energy to their athletic endeavours.

Signaling a new mindset, a new attitude and a new approach where the Trinidad and Tobago Olympic Committee (TTOC) targets the big goal and the big dream of #10Golds24. Establishing a change in culture entails breaking down barriers with new and innovative approaches. Thus, this approach intends to sensitize the nation about the reality that exists with our National Athletes in an attempt to encourage support of our athletes on their journey to fulfilling the Olympic Dream.

#10Golds24 Athlete Welfare and Preparation Fund was launched on the 26th December 2014. On 25th January 2015, the TTOC President, Brian Lewis, participated in the Trinidad and Tobago International Marathon to raise awareness and seed funding for the Athlete Welfare and Preparation fund. The Fund is envisioned to be independent, transparent, accountable and non – governmental.

Many of TTO's Elite and High-Performance athletes are not financially well rewarded and would not have an opportunity to reach their potential without financial support. Financial support or the lack of it, across the stages of an athlete's long-term development, have ended or compromised the dream of many talented young men and women.

The training to compete and to win phases of an athlete's long-term development is particularly critical. As is the journey after their competitive life is over.

The aim of #10golds24 athlete welfare and preparation fund, is to provide sustainable financial assistance to our nation's Olympic, Paralympic and Commonwealth Games athletes, to enable them to train, recover and compete. The fund aims to assist athletes in the following aspects:

- Financial support
- Technical Support
- Sport Medicine and High-Performance Support
- Medal bonus
- Health and Accident Insurance
- Internships with Corporate T&T to prepare for life after elite sport
- · Life skills training
- Athlete Career Development
- · High Performance Support
- Case by Case needs and Special Requests



## **CELEBRATING SPORTING EXCELLENCE**

## **GOLD COAST 2018 COMMONWEALTH GAMES**

XXI Commonwealth Games Gold Coast, Australia 4 – 15 April 2018

<b>51</b>	Team TTO Athletes
	Sporting Disciplines:
11	Athletics, Badminton, Beach Volleyball, Boxing, Cycling Track, Gymnastics, Shooting, Squash, Swimming, Table Tennis, Triathlon
	Medals
OUR MEDALS	Athletics - 2 Gold Swimming - 1 Silver



Michelle Lee Ahye, Athletics – Women's 100m Gold Jereem Richards, Athletics – Men's 200m Gold



Dylan Carter, Swimming - Men's 50m Butterfly Silver





## **CELEBRATING SPORTING EXCELLENCE**

## BARRANQUILLA 2018 CENTRAL AMERICAN AND CARIBBEAN GAMES

XXIII Central American and Caribbean Games Barranquilla, Colombia 19 July – 3 August 2018

# 20 20 30

## **Team TTO Athletes**

## **Sporting Disciplines:**

Athletics, Archery, Badminton, Beach Volleyball, Boxing, Canoe, Cycling, Football, Hockey, Judo, Rowing, Rugby, Sailing, Shooting, Squash, Swimming, Table Tennis, Tennis, Volleyball, Waterpolo

## **Medals**

OUR MEDALS BY SPORT Athletics – 2 Gold, 5 Silver and 2 Bronze
Boxing – 1 Silver and 1 Bronze Cycling – 4 Gold and 5 Bronze
Hockey – 2 Bronze Rowing – 1 Silver
Swimming – 3 Gold, 1 Silver and 3 Bronze







Reubin Walters, Athletics	Silver
Khalifa St. Fort, Athletics	Silver
Semoy Hackett, Athletics	Silver
Alena Brooks, Athletics	Silver
Women's 4x100m	
Relay Team: Athletics	Silver
Zakiya Denoon, Semoy Hacke	tt,
Khalifa St. Fort, Reyare Thoma	as
Michael Alexander, Boxing	Silver
Felice Aisha Chow, Rowing	Silver
Dylan Carter, Swimming	Silver



Kyle Greaux, Athletics	Bronze
Andwuelle Wright, Athletics	Bronze
Nigel Paul, Boxing	Bronze
Teniel Campbell, Cycling	Bronze (3)
Kwesi Browne, Cycling	Bronze
Akil Campbell, Cycling	Bronze
Men's Hockey Team	Bronze
Women's Hockey Team	Bronze
David McLeod, Swimming	Bronze
Joshua Romany, Swimming	Bronze
Men's 4x100m Freestyle	
Relay Team: Swimming	Bronze
Dylan Carter, David Mc Leod,	
Joshua Romany, Jabari Baptiste	





## CELEBRATING SPORTING EXCELLENCE

## **BUENOS AIRES 2018 YOUTH OLYMPIC GAMES**

III Youth Olympic Games Buenos Aires, Argentina 6 – 18 October 2018

Team TTO Athletes

Sporting Disciplines:
Athletics, Futsal, Swimming

## **Highlights:**

The overall performance of the team was commendable. The thirteen (13) athletes gave their best efforts during a highly competitive Youth Olympic Games.

- First time that a female Trinidad and Tobago Futsal team has competed and won a game at an International Games
- Kael Yorke swam a new personal best time in the Men's 200m Butterfly and broke his previous set 15 17 national record
- Kelsey Daniel jumped a new personal best in the Men's Triple Jump

## BEIJING 2008 OLYMPIC GAMES: REALLOCATION OF MEDALS



On December 7 2018, the TTOC received official correspondence from the International Olympic Committee (IOC) regarding the reallocation of the Beijing Olympic medals for the 4x100m relay team consisting of Keston Bledman, Marc Burns, Emmanuel Callender, Richard Thompson and Aaron Armstrong.

All athletes of the men's  $4 \times 100$ m relay team have returned their silver medals to the TTOC and the medals have been sent to the IOC. The TTOC is awaiting correspondence from the athletes on the decision on where and how they would like to receive the reallocated medals.





## ATHLETE SUPPORT

## **Athlete Preparation Support**

In an effort to maximize resources, funding support is strategically allocated to give the greatest number of Team TTO athletes the opportunity to train, prepare and achieve sporting excellence. Funds provided to NSOs were utilized for elite athlete programmes, such as training camps, coaching, medical support and travel to international competition.

Twelve (12) athletes continue to benefit from the Tokyo 2020 Olympic Solidarity Scholarship to supplement their training and competition preparation. While additional support was offered to athletes in 2018 for preparation for the Commonwealth Games and Central American and Caribbean Games — and medal bonus payments for top finishes at the Gold Coast 2018 Commonwealth Games and Barranquilla 2018 Central American and Caribbean Games.

### **Athlete Career and Education Programme**

The TTOC Athlete Career and Education Programme (ACP) provides current and retired Team TTO athletes with career, education and life skills resources, to support athletic performance goals and facilitate successful transition to careers post-competition.

In 2018, the TTOC hosted 2 transitional development programmes which focused on areas such as anti- doping, sports psychology, nutrition, branding and financial management. In addition, as part of the Sport IndustryTT conference, founder of the Sponsorship Consultants – Vickie Saunders – facilitated a workshop on athlete sponsorship and personal branding that focused on how athletes can generate their own revenue streams through sponsorship and their personal brand activities in a way that is congruent with their values, the values of their sport and beyond sport.

## **Coaching Support**

Coaching education and training play a crucial role in guiding TeamTTO's elite and high-performance athletes to national and international success. The TTOC continues to support NSOs in the development of their coaches and coaching programmes. In 2018, five coaches had the opportunity to enhance their coaching knowledge through the assistance of Olympic Solidarity programmes. Some of the sports that benefited included Athletics, Cycling, Hockey, Volleyball and Tennis. In addition, the Tennis Association hosted two regional coaching courses to assist with the development of tennis coaches in Trinidad and Tobago.



#### **Anti- Doping**

The TTOC in its capacity as the default National Anti-doping Organization (NADO) supports and assists the World Anti-Doping Agency and the Caribbean Regional Anti-Doping Organization (Caribbean RADO) in their efforts to protect clean athletes in sport. In 2018, the TTOC underwent a rigorous process to ensure compliance with the WADA Code.

With the support of the Car RADO, the TTOC received testing equipment. Thirteen tests were conducted in the last quarter of 2018 and a total of eight tests were completed by the Caribbean RADO. As at December 2018, Trinidad and Tobago has no athletes on suspension in accordance with the WADA guidelines.

The TTOC has additionally, assisted where necessary, to provide opportunities for individuals to attend and participate in training programmes for the development of anti-doping awareness and processes in Trinidad and Tobago.

## **FUTURE IS FEMALE**

#### **Future is Female**

Launched in January 2017, the Future is Female programme champions and advocates for gender equality at all levels of Olympic, and Commonwealth Sport in Trinidad and Tobago. Future is Female intends to host workshops, seminars, mentorship and provide access to funding aimed at removing obstacles that are real and/ or perceived and developing solutions that are sustainable and impactful.

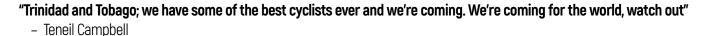
#### **Advancing Women in Leadership Seminar**

The 2018 Advancing Women in Leadership Seminar provided an unparalleled platform to discuss topics and issues that are unique to women, leadership and the role in the organizational and administrative dynamics, especially in the context of sport. Women and girls still remain under-represented in sport – both on the field and off the field – in participation, media and leadership positions. This is compounded by the persistent disparity in pay, media coverage, social stigmatization and disenfranchisement in many areas.

#### Women in Sport

Teniel Campbell picked up an extraordinary fourth medal and her first gold medal at the Barranquilla 2018 Central America and

Caribbean (CAC) Games. Campbell decided to defy the natural attraction for track cycling even after snatching three bronze medals on the velodrome in the women's individual pursuit, omnium and scratch track events. Following an outstanding performance at the CAC Games, Campbell was given the opportunity to ride with a Cogeas-Mettler Professional Cycling Team. This achievement in itself made her the first ever female Trinidad and Tobago cyclist to ride with a pro cycling team.



Sprinter Michelle Lee Ahye was crowned the Women's 100m Commonwealth Games Champion – creating history by becoming the first female athlete to earn a gold medal at the Commonwealth Games. Ahye clocked 11.14 seconds at the Carrara Stadium, Gold Coast, Australia on April 9, beating Jamaica's Christania Williams (11.21) and Gayon Evans (11.21) who took silver and bronze respectively.

Trinidad and Tobago Olympic Committee (TTOC) Vice President, Diane Henderson successfully completed the gruelling Ironman Distance Triathlon in Cozumel, Mexico. Her objective going into the demanding event was to finish the Ironman Cozumel in a faster time than her previous record set in 2010. The determined Henderson crossed the finish line 14:59:36 hours, 24 seconds faster than her previous time of 15hours.





## **MARKETING AND PROMOTION**

Adopting an entrepreneurial, vibrant and dynamic market driven approach to revenue generation remains a commitment of the TTOC as we continue to facilitate athlete centered programmes and projects.

The Team TTO brand continues to strengthen as a result of the successful performance of Trinidad and Tobago's athletes at the Commonwealth Games and Central American and Caribbean Games. Team TTO continues to build a strong digital presence on the mainstream social media platforms with the continued efforts to promote and raise awareness of TeamTTO and all our activities.

### **Sport Industry TT**

On March 8, Sport IndustryTT Conference 2018 brought together a wide range of individuals, including business professionals, entrepreneurs, and government officials, all whom are dedicated to building a sustainable sport industry. The theme for the conference was 'Youth, Young People and Women: Raising Awareness and Encouraging Entrepreneurship'.

At the Hyatt Regency Hotel, participants engaged in riveting discussions around four key topics:

- 'Creating an Entrepreneurial Eco-System in Trinidad and Tobago';
- The Political and Legal Environment that Fosters Entrepreneurships';
- 'How Do Potential Lenders and Investors Evaluate the Business Plan?'; and
- 'Creating Human Connections That Build Brands and Drive Growth'.

Delivering the feature address was Senator the Honourable Paula Gopee -Scoon. She noted that our minds should extend beyond the traditional sectors of oil and gas, to sport – and in particular the business of sport – as an industry which offers a myriad of entrepreneurial possibilities and opportunities.

#### **PARTNERS**

Our corporate partners continue to play a crucial role in the success of TeamTTO as the TTOC strives towards achieving #10Golds24.





## PROMOTING OLYMPISM

#### **Olympic Day**

Olympic Day is held annually on June 23 to commemorate the birth of the modern Olympic Games in 1894 and is celebrated by millions of people in more than 160 countries. Its mission is to cultivate fitness, well-being, culture and education, while promoting the Olympic values of excellence, friendship and respect, as well as the three pillars of Olympic Day: move, learn and discover.

In 2018, Woodford Square in Port of Spain was the Olympic Day hub. The day's activities included sporting activities and displays by our affiliates aimed at raising awareness around sport, healthy lifestyle and education. Over 400 patrons were in attendance to join in celebration with the rest of the world.

### **Olympic Youth Camp**

The Olympic Youth Camp (OYC) is an annual initiative of the TTOC with the aim of developing all round sport leaders by targeting national junior athletes (11 - 17 years). The camp is structured around the Olympic Principles - Pursuit of Excellence, Balance between Body, Mind and Will, Fair Play, Joy of Effort and Respect for Others.

In an effort to transform the Olympic Youth Camp, the TTOC embarked on a week-long residential camp in Tobago. The 2018 camp included athletes from both Trinidad and Tobago engaged in Sporting Activities, Media Training, Elite Athlete Mentorship, Critical Thinking, Etiquette, Mental Training, Sport for Development & Peace, Sport Psychology and HIV/Aids Awareness.

### Sport Administrators Course Level I & Level II

The level 1 course introduces participants to the basic knowledge of sport administration, focusing on more practical experience. While the level 2 course provides participants with a more detailed course content.

#### 2018 By The Numbers:

**4 Level I Course** 

1 Level II Course

100+ Persons Successfully completed Level 130 Persons Successfully completed Level 2





## **ANNUAL AWARDS**

It was glitz, glamour and high fashion as the 'who's who' of sport in Trinidad and Tobago turned up at the Trinidad and Tobago Olympic Committee (TTOC) 24th Annual Awards Gala 2018 at the Hyatt Regency, Port of Spain Ballroom on December 29th. Making their debut at the TTOC event was the National Steel Symphony Orchestra. The ensemble, under the direction of artistic director and conductor Mr. Akua Leith, played the presidential fanfare, the National anthem and other musical selections at the end of the formal presentation. Vintage Kaiso ensemble - Mr. David Bereaux and friends performed during the cocktail reception.

**TTOC Annual Awards Gala Honour Roll 2018** 

Junior Sportsman

Kael Yorke, Swimming

**Junior Sports Woman** 

Shaniqua Bascombe, Athletics

**Sportsman** 

Jereem Richards, Athletics

**Sportswoman** 

Michelle Lee Ahye, Athletics

**People's Choice** 

Nicholas Paul, Cycling

**Sport Personality** 

**Dylan Carter, Swimming** 

**Future is Female** 





# THE PEOPLE WHO MAKE IT HAPPEN

### **Our Executive Committee**

Brian Lewis President

Dr. Terry Ali Vice President

Diane Henderson Vice President

Ephraim Serrette Vice President

Annette Knott Secretary General

Nadine Khan Seemongal Assistant Secretary General Curtis Nero Treasurer

Dave Williams Trustee

Racquel Moses Trustee

Wendell Constantine Executive Member

Reyah Richardson Executive Member

Giselle La Ronde West Executive Member

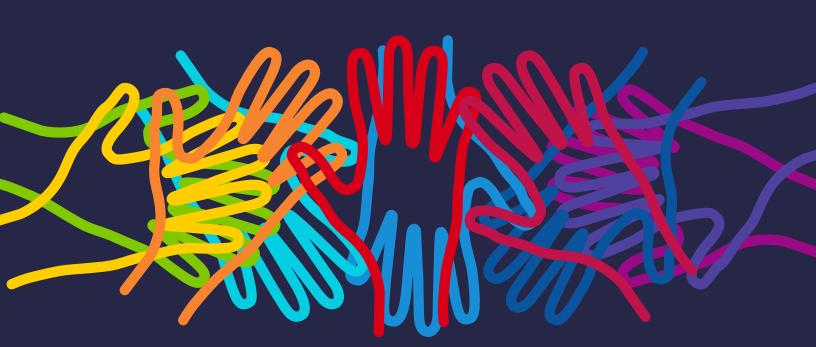
#### **Our Staff**

Lovie Santana Senior Administrative Officer

Stacy Santana Administrative Officer

Chanelle Young
Project Officer, Marketing and
Communications

Rheeza Grant Project Officer, Athlete Services and Programmes





## PROUD TEAM PARTNERS





















#### THE WORLDWIDE OLYMPIC PARTNERS















**Panasonic** 







## TRINIDAD AND TOBAGO OLYMPIC COMMITTEE

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